

# Problem bingo

How problematic are you?



Fake Friends 

Jealous 

Can't stop saying "like" 

Can't stay still 

Eats too much 

Always depressed

Gets bullied 

Not open to change 

Picky 

Can't stop getting sick 

Anxiety

Chews/ bites nails

Free space

Lonely

Has nightmares


ADHD

Eats too little

Has a depressing playlist 

Couch potato

Has insomnia  ?

Wishes you were someone else 

Obsesses over random things

Gender dysphoria

Uses self h@rm 

Pick me 